

## **Safeguarding Statement**

As a Level 5 Coaching Professional apprentice with BPP, I am committed to upholding safeguarding principles in line with UK legislation and professional standards.

Coaching sessions are conducted within clear ethical and professional boundaries, prioritising the wellbeing, dignity and safety of all involved. I maintain awareness of my duty of care and recognise that safeguarding applies to all individuals, including adults who may be vulnerable.

My practice aligns with relevant UK safeguarding frameworks, including the Care Act 2014 and the principles of "Making Safeguarding Personal". If, during the course of coaching, a safeguarding concern arises, such as risk of harm to the coachee or others, I will take appropriate action in line with safeguarding guidance. This may include discussing concerns with the individual, signposting to appropriate support services, or escalating concerns to coaching supervisor or relevant authorities where necessary.

While coaching is a confidential process, confidentiality may be breached if there is a risk of serious harm, illegal activity, or where disclosure is required by law. Any such action would be taken proportionately and, where possible, in discussion with the coachee.

I am committed to ongoing professional development in safeguarding awareness and to maintaining a safe, respectful and ethically sound coaching environment at all times.

*Yasmine Saito  
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